## Scenic City Neurotherapy

## **Our Statement on Matthew Perry**

Statement on the Tragic Loss of Matthew Perry:

It is with deep sadness that we acknowledge the passing of Matthew Perry, and our hearts go out to his family and loved ones during this difficult time. Scenic City Neurotherapy would like to take this opportunity to emphasize the importance of caution and professional oversight in ketamine therapy.

At Scenic City Neurotherapy, we have consistently cautioned against the self-administration of ketamine outside of direct medical supervision. The absence of a qualified healthcare professional during ketamine use poses significant risks, including the potential for adverse reactions and complications.

Self-administered ketamine therapy lacks the crucial element of professional supervision, which is essential for ensuring patient safety and well-being. In a controlled clinical environment, healthcare professionals, including anesthesiologists or psychiatrists, oversee the therapy, providing immediate intervention if complications arise.

In contrast, IV ketamine therapy offers advantages rooted in professional guidance, optimal dosage control, and rapid onset. Administered in a controlled clinical environment, it ensures safety and immediate intervention. The intravenous route enables precise dosage control, promoting therapeutic effectiveness while minimizing adverse effects.

The use of IV ketamine for certain mental health conditions is supported by a growing body of research and clinical trials. Professional administration in a clinical setting ensures adherence to evidence-based protocols, promoting the responsible and effective use of ketamine as a therapeutic intervention.

At Scenic City Neurotherapy, we will continue to work to educate our community against dangerous prescribing practices, and we encourage other prescribers and pharmacies in Chattanooga to join us in protecting our community.